



Resilience Catalysts: AppHealth



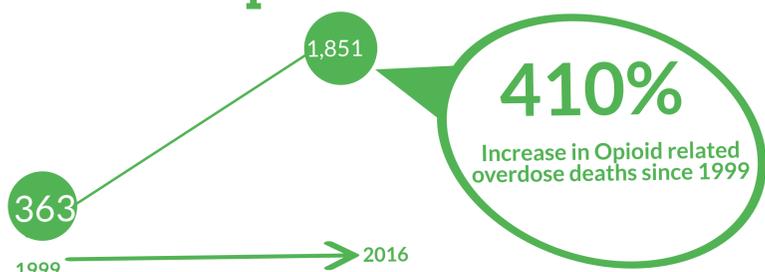
Who We Are:

Resilience Catalysts in Public Health is a national collaborative and network of local health departments seeking to eliminate adversity, foster equity through policy, practice, and program change, and build resilience.

The Appalachian District Health Department, AppHealthCare, is utilizing the Community Resilience Framework to understand historical trauma in rural Appalachia to address the drivers and systems that contribute to disparate health outcomes, diminished economic mobility, and housing policies that contribute to household instability.

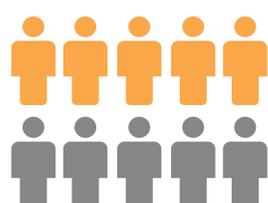
Appalachian District by the Numbers: Why Community Resilience?

1,851 people overdosed unintentionally on opioids in 2016



Source: 2017 Community Health Report Watauga County

5 in 10
children under 5 are living in poverty

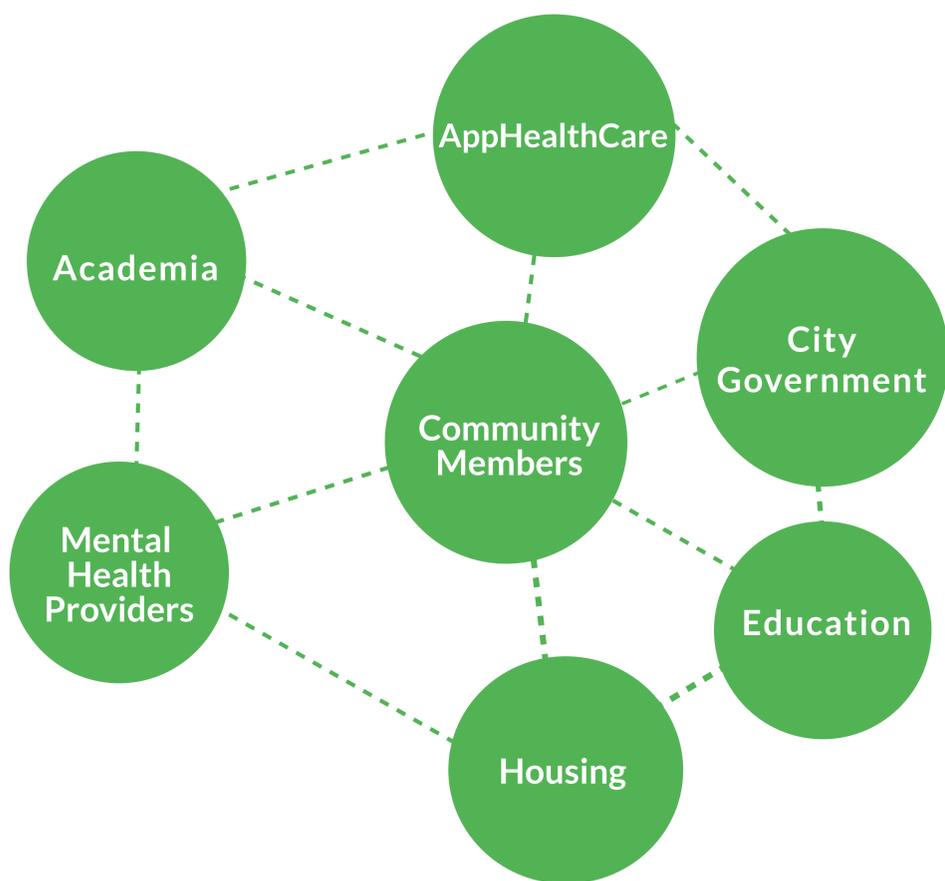


In 2016 five people died each day from drug overdose in North Carolina

Adverse Community Environments

- 1 in 5 children under 18 receive public assistance
- 21% of households receive SNAP benefits
- 35% of households pay 30% or more of their income on rent
- 31% of children under 18 live in poverty

Who We Work With



Utilizing the Community Resilience Framework AppHealthCare is working with the Boone Chamber of Commerce, the Watauga Compassionate Communities Initiative and various community organizations and stakeholders.

How We're Doing It

✓
Community Transformation

✓
Substance Abuse Response

✓
Suicide Prevention

By connecting with stakeholders, engaging community and identifying opportunities for policy, practice and program change, AppHealthCare will address adversity and build community resilience, improving health outcomes and household stability.

