Resilience Catalysts: AppHealth

Who We Are:
Resilience Catalysts in Public Health is a national collaborative and network of local health departments seeking to eliminate adversity, foster equity through policy, practice, and program change, and build resilience.

The Appalachian District Health Department, AppHealthCare, is utilizing the Community Resilience Framework to understand historical trauma in rural Appalachia to address the drivers and systems that contribute to disparate health outcomes, diminished economic mobility, and housing policies that contribute to household instability.

Appalachian District by the Numbers: Why Community Resilience?

1,851 people overdosed unintentionally on opioids in 2016

410% increase in opioid related overdose deaths since 1999

5 in 10 children under 5 are living in poverty

In 2016 five people died each day from drug overdose in North Carolina

Adverse Community Environments
1 in 5 children under 18 receive public assistance
21% of households receive SNAP benefits
35% of households pay 30% or more of their income on rent
31% of children under 18 live in poverty

Who We Work With
In collaboration with the Center for Community Resilience at the George Washington University, the National Association of City and County Health Officials (NACCHO), the American Public Health Association (APHA)

How We're Doing It

By connecting with stakeholders, engaging community and identifying opportunities for policy, practice and program change, AppHealthCare will address adversity and build community resilience, improving health outcomes and household stability.

In 2016, 1,851 people overdosed unintentionally on opioids in the Appalachian District. This represents a 410% increase in opioid-related overdose deaths since 1999. Five in ten children under 5 are living in poverty. This trend is alarming, with five people dying each day from drug overdose in North Carolina.

Adverse Community Environments:
- 1 in 5 children under 18 receive public assistance
- 21% of households receive SNAP benefits
- 35% of households pay 30% or more of their income on rent
- 31% of children under 18 live in poverty

Who We Work With:
- Academia
- Community Members
- Education
- Housing
- Mental Health Providers
- City Government
- AppHealthCare

How We’re Doing It:
Community Transformation
Substance Abuse Response
Suicide Prevention

AppHealthCare is utilizing the Community Resilience Framework to address the drivers and systems that contribute to disparate health outcomes, diminished economic mobility, and housing policies that contribute to household instability. By connecting with stakeholders, engaging community and identifying opportunities for policy, practice and program change, AppHealthCare will address adversity and build community resilience, improving health outcomes and household stability.