



Resilience Catalysts: Cambridge, MA



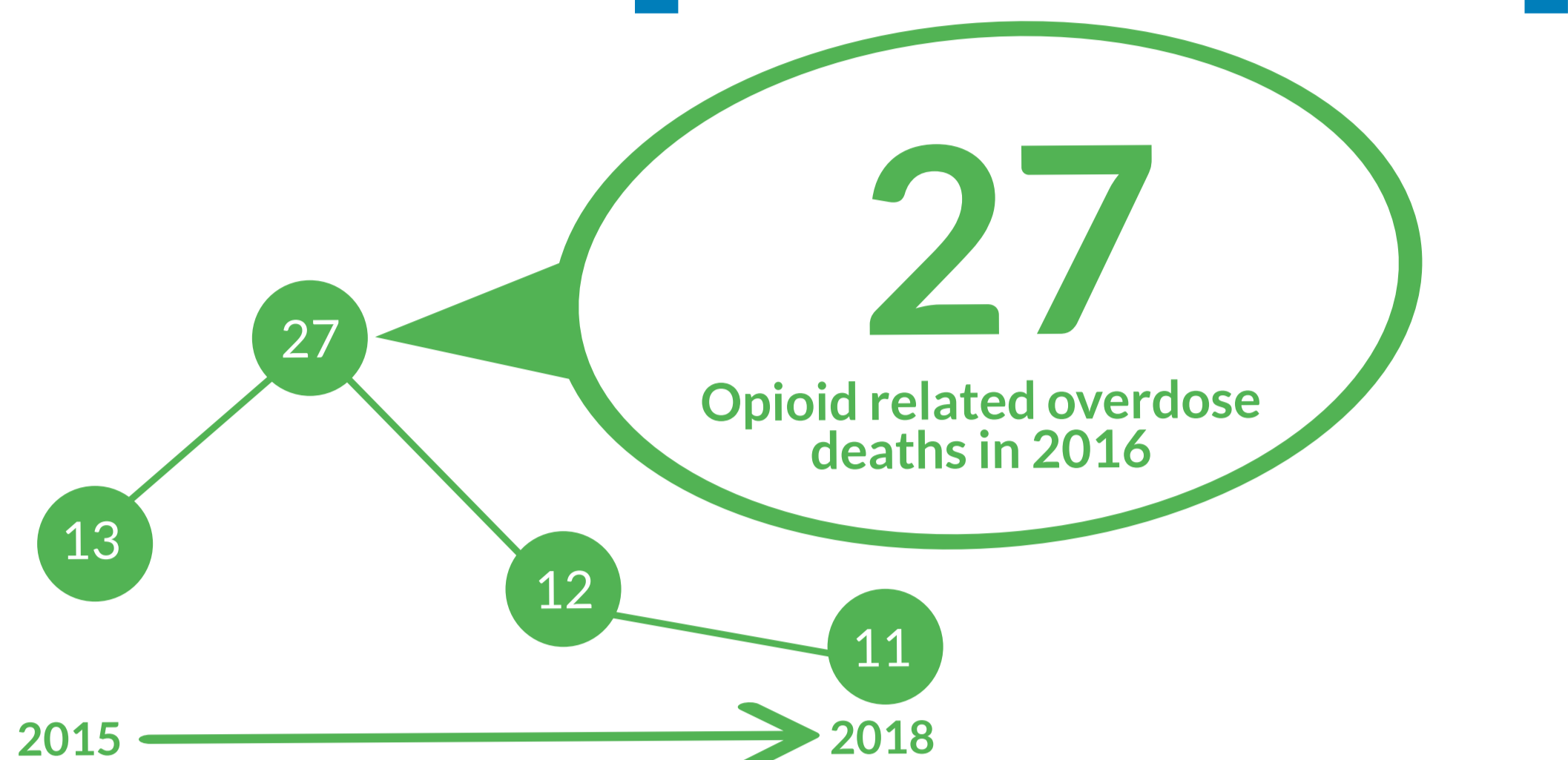
Cambridge Public Health Department

Who We Are:

Resilience Catalysts in Public Health is a national collaborative and network of local health departments seeking to eliminate adversity, foster equity, and build resilience through policy, practice, and program change.

In Cambridge, MA a coalition of health providers, ranging from the Department of Health to community-based partners, have identified an opportunity to address alarming suicide rates among young men of color.

Cambridge by the Numbers: Why Community Resilience Matters



Opioid related overdose deaths in Cambridge reached a high point in 2016 with 27 deaths but have been on decline.

1 in 10 youth seriously considered suicide

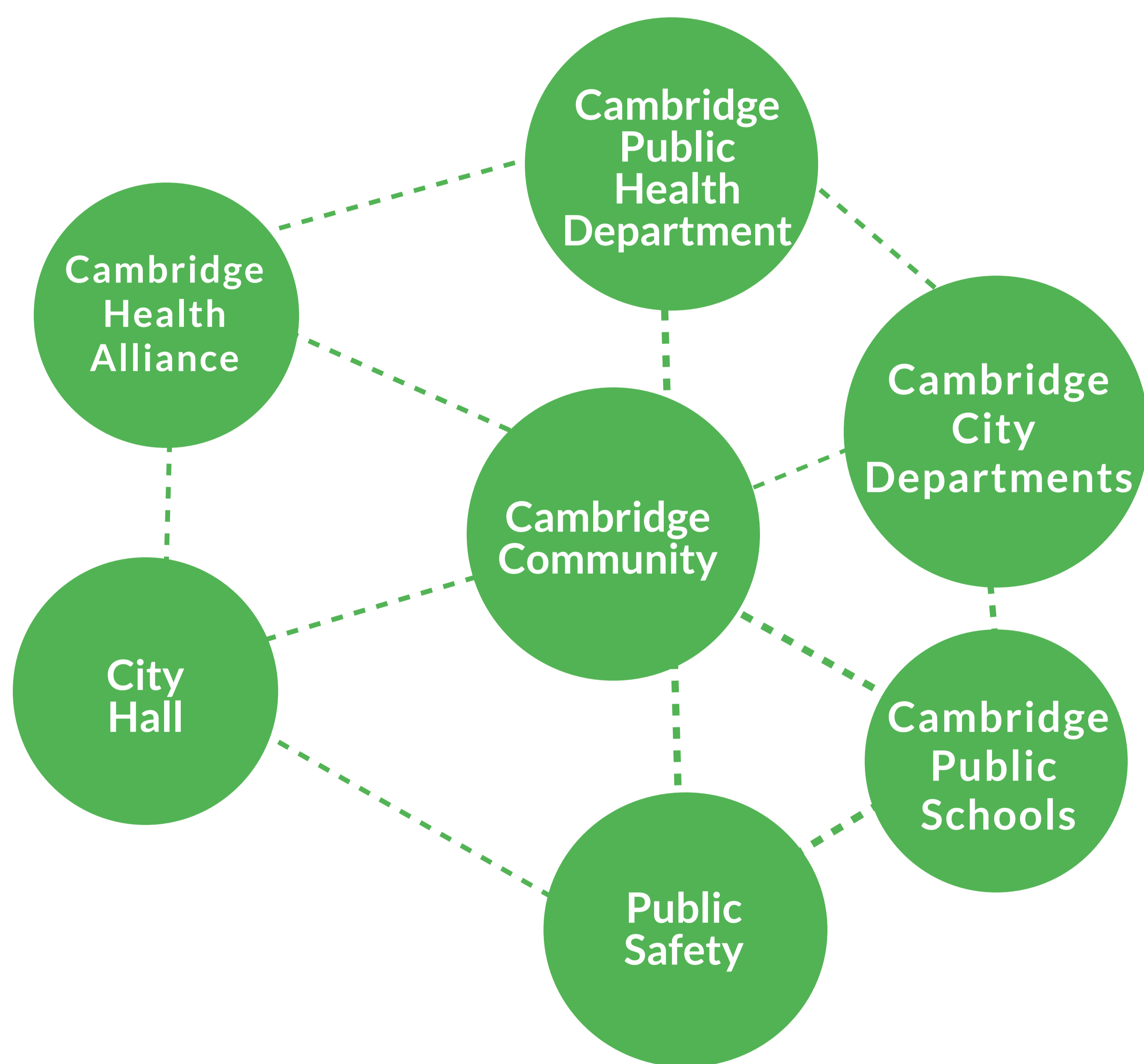


About 1 in 10 students in grades 6-12 seriously considered suicide, and more than 2% made suicide attempts.

Adverse Community Environments

- 1 in 3 middle school students are bullied in school
- 1 in 6 high school students are verbally or emotionally abused by someone in the family
- 1 in 10 middle & high school students witnessed violence in their neighborhood
- 15% of high school students worry about family not having enough money to get by

Who We Work With



Cambridge Public Health is collaborating with community members, community-based organizations and several cross-sector partners.

How We're Doing It

Mental Health

Opioid Response

Community & Social Resilience

Using the Community Resilience framework, the Cambridge Resilience Catalysts collaboration will identify policy, practice and program change to address adversity, build resilience and create buffers to prevent suicide and suicidal ideation for young men of color.



In collaboration with the Center for Community Resilience at the George Washington University, the National Association of City and County Health Officials (NACCHO), the American Public Health Association (APHA).