



Resilience Catalysts: Mesa, CO



Who We Are:

Resilience Catalysts in Public Health is a national collaborative and network of local health departments seeking to eliminate adversity, foster equity through policy, practice, and program change, and build resilience.

Mesa County Public Health is using the Community Resilience framework to build social cohesion by identifying the drivers in community environments that underpin limited access to economic mobility, education and opportunity that would improve health and wellbeing.

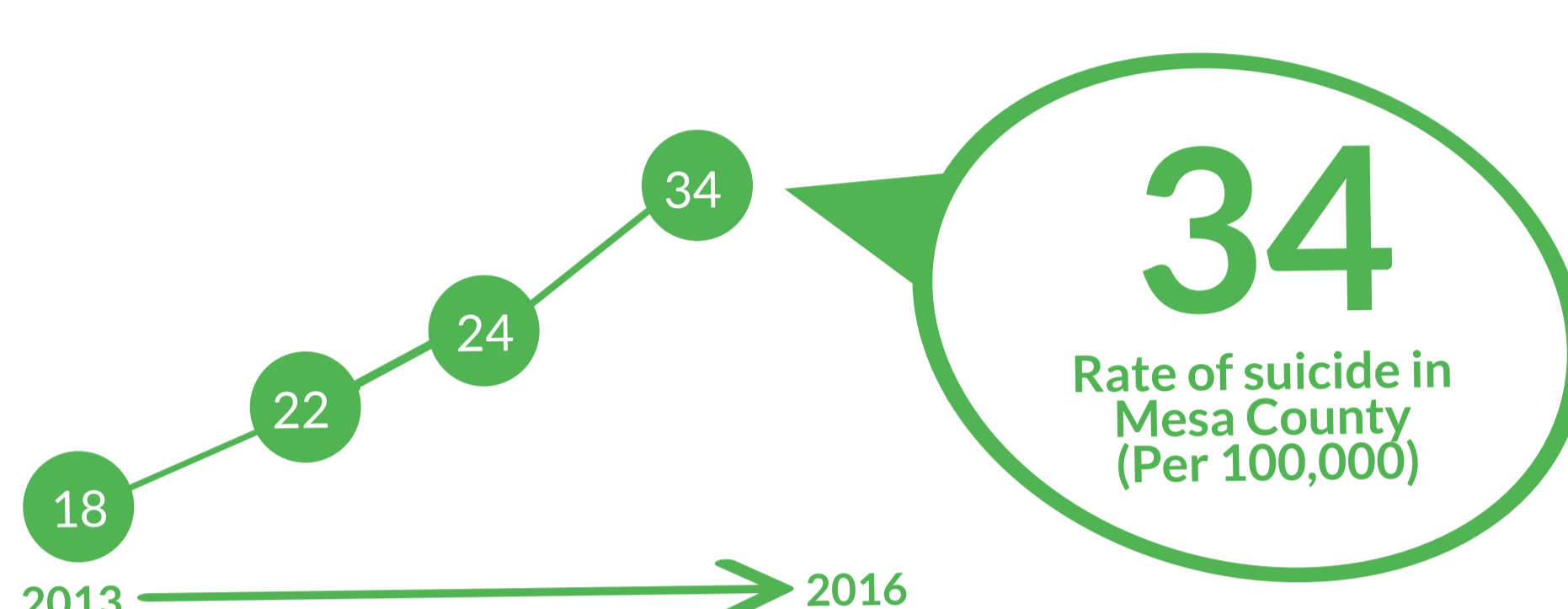
Mesa County by the Numbers: Why Community Resilience?

5 in 10

children under 5 are living in poverty



Suicide rate = 2x the national average.

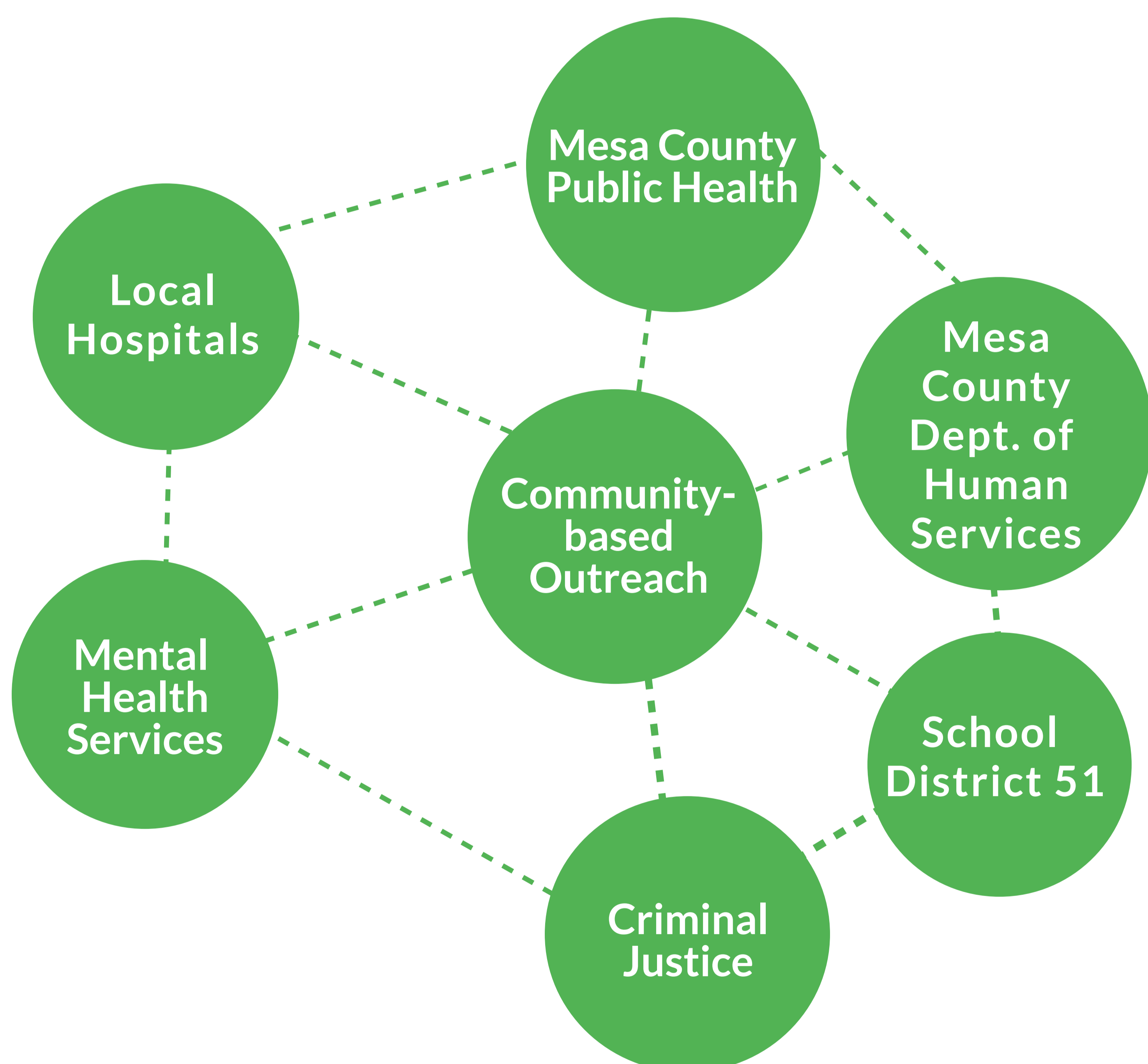


While the national average rate of suicide has remained even at around 13 per 100,000, Mesa County has seen a significant increase every year since 2013.

Adverse Community Environments

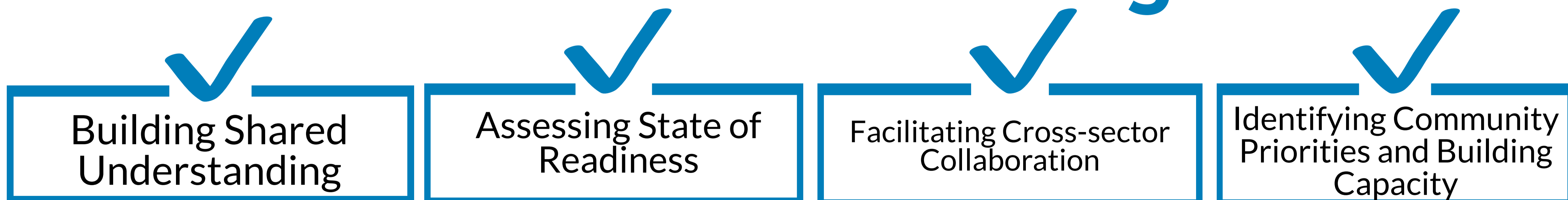
- 3 in 10 children under 18 are living in poverty
- 20% of homeless are younger than 18 years old
- 55% of households pay 30% or more of their income on rent
- 48% of children receive free and reduced lunch

Sectors We Work With



Mesa County Public Health is collaborating with community members, community-based organizations and several cross-sector partners.

How We're Doing It



The Mesa County Resilience Catalysts partners will identify opportunities for policy, practice and program change to address ACEs, substance misuse, and suicide in Clifton, improving social cohesion and building social capital.

