

# Promoting Health and Wellbeing Across the Lifespan

2023 National Policy Agenda Series

National Public Health Week

#NPHW #Community

April 3, 2023



Milken Institute School  
of Public Health

THE GEORGE WASHINGTON UNIVERSITY

Sumner M. Redstone  
Global Center for  
Prevention & Wellness

# What We Do

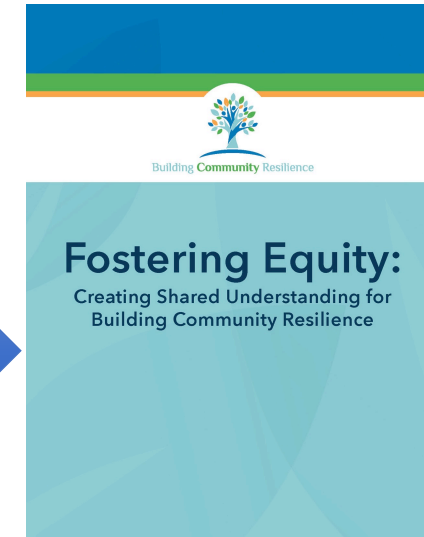
[go.gwu.edu/CCR](http://go.gwu.edu/CCR)



@ResilNation



[go.gwu.edu/BCRvideos](http://go.gwu.edu/BCRvideos)





**6 Regional Networks**



**11 Local Health Departments**

**Washington State**



**Oregon**



**Deschutes, OR**

**Alameda County, CA**



**Mesa County, CO**



**Lee County, IA**



**Kansas City & St. Louis, MO**



**Shelby County, TN**



**Dallas County, TX**



**Leon County, FL**



**Cincinnati, OH & Louisville, KY**



**Cleveland, OH**



**Jersey City, NJ**



**DC & Baltimore, MD**

**Appalachian District, NC**



# BREAKING NEWS:

## Life expectancy continues to decline in the U.S. as it rebounds in other countries

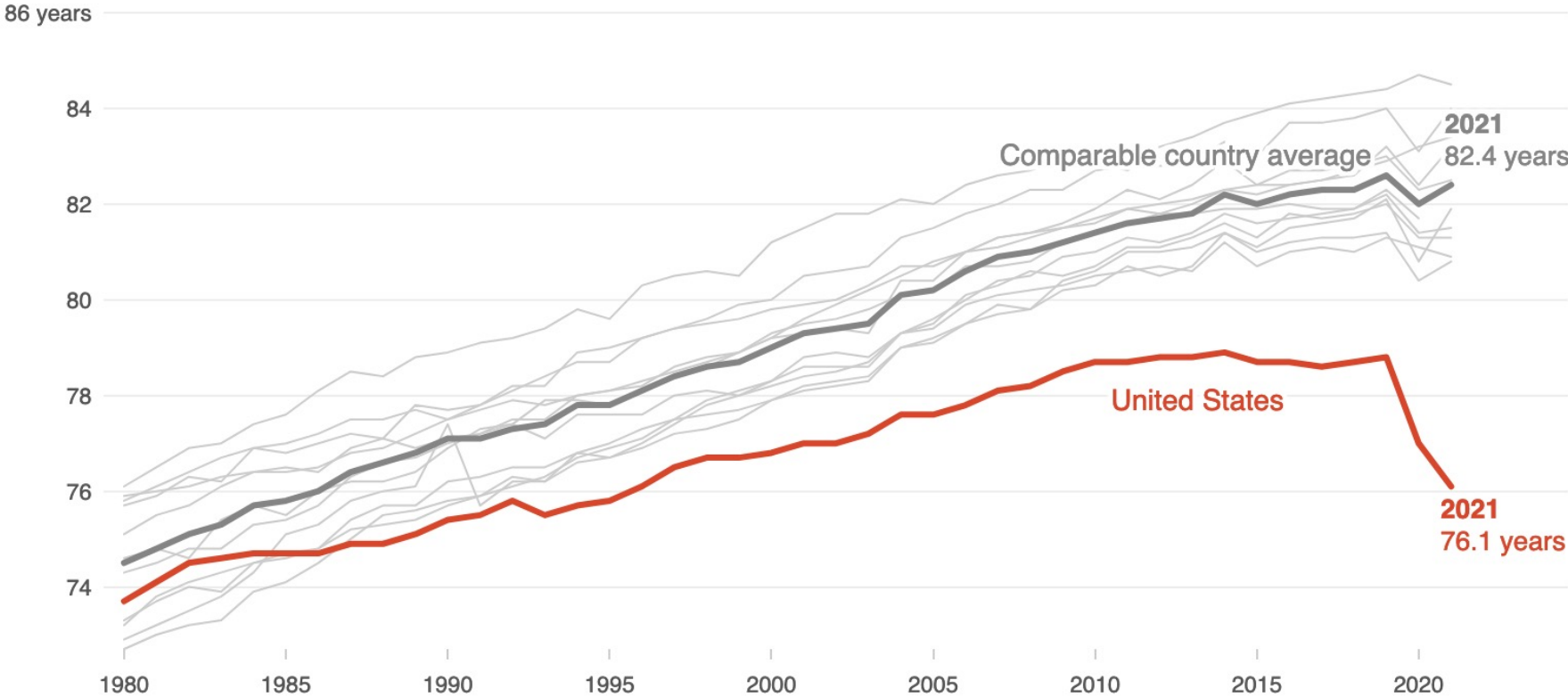
Life expectancy around the world decreased in 2020 due to COVID-19. Most peer countries rebounded by 2021, while the U.S. continued to decline.

US Life Expectancy



76 Years

Most Other Countries Rebounded in 2022



Source: Peterson-KFF Health System Tracker  
Credit: Ashley Ahn/NPR

# America is Bad for Your Health

- **Maternal Mortality at an all-time high (2021)**
- **Rising Child & Adolescent Mortality**
- **Americans are dying younger compared to peer nations**



Cuba  
Lebanon  
Czechia

Increased Life  
Expectancy

## • What's Killing Us?

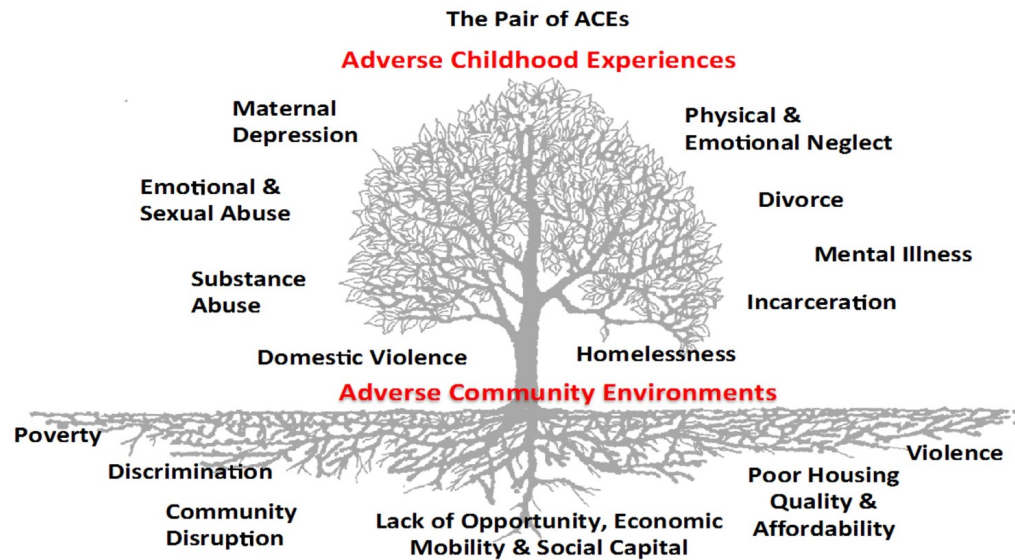
- **Poor Diets**
- **Sedentary Lifestyles**
- **Higher Disease Rates**
- **Opioid Misuse**
- **Suicide**

- **Child Poverty**
- **Racial Segregation**
- **Social Isolation**
- **Gun Violence**

Health  
Behaviors

Systemic  
Inequity





Ellis, W., Dietz, W.H., Chen, K.D. (2022). Community Resilience: A Dynamic Model for Public Health 3.0. Journal of Public Health Management and Practice, (28)1, S18-S26. doi: 10.1097/PHH.0000000000001413

## Washington DC

25% DC's children live in poverty

DC Maternal mortality is 2x national average

## What's in the soil?

Racial Wealth Gap

Unaffordable Housing

Systemic Racism

Community Context Matters

Child  
Health



Maternal  
Health



Education



Childcare

WORKPLACE  
POLICY

Foster  
Care

Health  
Care



Child  
Nutrition

Reproductive  
Justice

# Building Blocks of Community Resilience

## Black Maternal Mortality & Schools as Community Hubs

# Introduction of Speakers



Wendy Ellis, DrPH  
*Director, Center for  
Community Resilience*



Aza Nedhari, CPM, LGPC  
*Director/Co-Founder,  
Mamatoto Village*



Vina Smith-Ramakrishnan, MPH  
*Senior Policy Associate, The  
Century Foundation*



Jesse Kohler  
*Director, Campaign for Trauma-  
Informed Policy and Practice*

**Black Maternal Health & Reproductive Justice**

**Schools as Community Hubs**



# **Next Policy Webinar**

## **Monday June 5, 2023**

### **12pm (EST)**

**A Blueprint for the Wellbeing of Children and Families:  
Innovation from New York City**



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# CCR Tools and Resources



Promoting Health and Wellbeing Across the Lifespan One-Pager

<https://ccr.publichealth.gwu.edu/sites/g/files/zaxdzs4361/files/2023-03/2023-ccr-policy-agenda-3.28.2023.pdf>



Building Community Resilience Approach

<https://ccr.publichealth.gwu.edu/tools-resources/the-BCR-approach>



Coalition Building & Communications Guide

<https://ccr.publichealth.gwu.edu/sites/g/files/zaxdzs4361/files/2022-12/ccr-communications-coalition-building-guide-2.0-dec.-2022.pdf>



Policy & Advocacy Guide

<http://go.gwu.edu/bcrpolicyguide>